

# HEALING POWER OF ART at the Northville Art House

## Art Therapy for Stress Relief and Relaxation

✓ May 6 – June 10 (no class on 5/27)  
Mondays 6:00 pm – 8:00 pm

✓ Feeling overwhelmed by stress? Join our relaxation-focused art therapy workshop! Benefit from both group therapy and personalized guidance from our experienced therapist. Regardless of experience, explore the therapeutic benefits of art in a supportive environment. Nurture your well-being today.

\*The Art House received an Inclusive Arts Fund Grant from the Community Foundation for Southeast Michigan, which covers 90% of the tuition fees for this class.

✓ **Location:**  
Northville Art House  
215 W. Cady Street

**Register here:**  
<https://bit.ly/NAHArtTherapy2>

